



For all kinds of music

Hello!

H37
SMART WATCH
User Manual

Dear AWEI User,
Thank you for choosing AWEI product. Your choice is crucial for us, which means AWEI has added a new user. Hope that we will bring you a good experience through our products and services. Also hope you will put forward the good advice and suggestions by official customer hotline, Weibo and Wechat in the process of product experience, which can help AWEI to constantly improve product and service.

If you encounter any problems in the using product, please refer to service process. Your support is our strongest power, also your recognition and evaluation are a great encouragement to AWEI. Thank you!

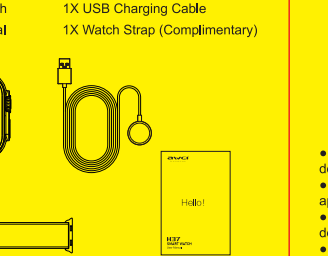
AWEI sales team

Introduction

Thank you for purchasing the model AWEI H37 Bluetooth Smart Watch. Please read this manual before use.

WARNING
Consult your doctor before starting a new exercise program. Although the watch can monitor your heart rate, it cannot be used for any medical purpose, it is only to help people live a healthier life, remember to consult a doctor before starting any exercise and diet plan.

Accessories List



How To Use

Adapt To Platform Requirements:

- Android 5.0 and above mobile phones
- IOS 13 and above mobile phones
- HarmonyOS 3.0 and above mobile phones

APP Download Method:



- IOS/Android phone users: Scan the above QR code to download and install the application.
- Android: Search for "HryFine" through the software application store to download and install the application.
- Apple: Search for "HryFine" through the App store to download and install the app.
- HarmonyOS: Search for "HryFine" through the software application store to download and install the application.

How To Use

Initial Use

- To ensure the normal use of the watch, please charge it first.
- The contact of the charging clip connected to the power supply can be charged with the contact on the back of the watch.
- If the watch has an incoming call, there is no notification reminder on QQ or WeChat, you need to set the phone settings-notification settings, open the corresponding application and open the notification application to receive information notification.

Watch and APP Connection

- The permissions during the APP installation process are fully agreed, and the watch and the mobile phone must be connected to the APP and the mobile phone Bluetooth to achieve all functions.
- APP connection method: Open the APP and mobile phone Bluetooth, the APP reminds you to enable the notification point to confirm. Click on "Add Device," search for the device name, and click "Connect" to connect the watch.
- Mobile phone Bluetooth connection: Turn on Bluetooth on the watch, enter the mobile phone Bluetooth, search for the Bluetooth device of the model name, and click Connect to pair.
- Simple solution to common Bluetooth problems: Due to the lack of uniformity in the Bluetooth protocol of various mobile phone brands, sometimes the Bluetooth connection between the mobile phone and the watch may be unstable. You can turn off the Bluetooth of the mobile phone and reconnect it again, or reset the watch to the factory settings. If the watch is in a dead state, you can press and hold the power button for 10 seconds to restart the watch.
- How to connect BT3.0 Bluetooth: Enter the Bluetooth terminal of the mobile phone and search for AWEI H37 binding.

How To Use

- How to verify that the Bluetooth connection is successful: The Bluetooth icon in the upper left corner of the main menu is oval to indicate that the Bluetooth connection is successful. Use the watch to click to find the phone or enter the APP to find the watch. If there is vibration, it means that the APP is connected successfully.
- If the watch has an incoming call, there is no notification reminder on QQ or WeChat, you need to set the phone settings-notification settings, open the corresponding application and open the notification application to receive information notification.

Watch Function Introduction

- Standby Interface: Enter the standby interface.
- Dial Pad: Connect to the mobile phone to dial out via Bluetooth, and you can make a call on the watch side.
- Contacts: After successfully connecting the watch to the app, you can add contacts in the app. The watch's phone book will sync with the app, and you can make calls by clicking on the contacts in the phone book.
- (Note: The watch needs to connect to the phone's Bluetooth.)
- Call record: Can display the call record of the watch, click the phone number to dial.
- Messages: The watch can display message notifications, such as QQ, WeChat, etc. (The system above IOS12 will block SMS reminders by default).

How To Use

- Movement:**
1. Enter the sport mode (running, walking, cycling, climbing) selection interface, click again to start the corresponding sport mode data monitoring: exercise time, distance, calories burned and heart rate data.
2. Record: Record all exercise data.

- Pedometer:** Count your step data for the day, clear the data at 00:00 in the morning, and can be viewed on the app.
- Sleep Monitoring:** Turn on sleep detection to monitor the quality of sleep while sleeping.
- Sedentary Reminder:** Set the sedentary time, the Watch will vibrate when the time is up, and the interface will display a reminder.

Heart Rate: Put the watch close to your wrist, and the best place to wear is on the upper arm of the wrist bone. The real-time heart rate can be measured. The normal value of the average person is 60-100 beats/min.

- Blood Pressure:** Put the watch close to your wrist, the best place to wear is the wrist bone above the arm, you can measure the real-time blood pressure, adult diastolic blood pressure: 60-80 (mmHg) adult systolic blood pressure: 100-120 (mmHg).
- Blood Oxygen Monitoring:** The watch is tightly attached to the wrist, and the best wearing position is on the wrist bone and above the arm. The real-time blood oxygen value can be measured. The normal range of the value is generally 95% to 100%.

- Bluetooth Camera:** When the phone cannot be locked, the watch will take a photo when the app interface is opened, the phone will automatically pop up.

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the camera interface, click on the watch to take a photo, the phone will take a photo and store the photo on the phone; or open the APP, Enter the remote control selfie, the phone will pop up the camera interface, and the watch will also take photos when you shake the watch.

- Bluetooth Music:** Control music playback on your phone.
- Find the Phone:** When the watch is connected to the mobile phone, tap the watch side to find the mobile phone, long press the magnifying glass icon, the mobile phone will be ring.

- Weather:** Display the current weather temperature in degrees.
- Stopwatch:** Start stopwatch timing and end timing.
- Alarm Clock:** You can set a custom alarm clock on the APP, and the watch will vibrate to remind you at the set time.
- Style:** You can set and change the UI style.
- About:** Displays the device's MAC address, Bluetooth name, and version number.
- Brightness:** Can set the brightness size and backlight off time.

- QR Code:** QR code downloaded by mobile APP.
- Reset:** Let your device reset and clear data, such as step counting, sleep, etc.
- Flashlight:** Turn on the flashlight function, and the screen of the watch will always light up in white.
- Calculator:** Perform numerical calculations
- Breathing:** Practice breathing according to the zoom size of the picture (zoom in to exhale, zoom out to inhale)
- Siri:** Press and hold to speak for remote control
- Password Lock:** Four-digit password can be set, and enter the dial after unlocking
- Do Not Disturb mode:** You can set the Do Not Disturb

How To Use

time period in the APP, and you cannot receive the message prompt after it is turned on

- Settings:** Allows you to customize various settings on the device.
- Raise Your Hand To Brighten The Screen:** After turning on the raising of the hand to brighten the screen, when you wear the watch, the screen will light up when you raise your wrist, and it will turn off when you put it down
- Language:** After connecting to the APP, you can set the language on the APP side, and the language can be synchronized to the watch after setting; or switch the language on the watch side, that is, it will also be synchronized to the APP side
- Dial Push:** Enter the APP end dial function, you can view my dial and local dial; you can also push DIY dials and dial mails to the watch end

Specifications

Specifications

Screen size: 2.01 inch TFT
Battery capacity: 300mAh
WorkingTime :5-7 days
Waterproof class: IP65

System Requirements

- Android 5.0 and above
- IOS 13 and above
- HarmonyOS 3.0 and above

Q&A

Why does the blood pressure data differ from sphygmomanometer?

The deviation of the measured data of the watch and the sphygmomanometer is determined by many factors. The measurement position of the sphygmomanometer is in the brachial artery, and the measurement position of the watch is in the two main branches of the arterioles. Normally, The deviation of the aortic blood pressure and the arteriole blood pressure measured will be three to forty. If you are using the watch and a sphygmomanometer to measure at the same time, because the blood flowing in the artery is in the centrifugal direction. The sphygmomanometer will make the lower part of your elbow under pressure when measuring, and the blood cannot flow smoothly to the lower part. Vascular tension increased, which will cause greater deviation of upper and lower blood pressure measurements.

Why can't wear the watch during hot bath?

The temperature of the bath water is relatively high, and then it will produce a lot of water vapor. As the water vapor is a gas, its molecular radius is so small, and it is easy to infiltrate from the gap of the watch case. When the temperature drops, it will condense into liquid water droplets again, which is easy to cause short circuit of the internal circuit of the watch and damage the circuit board of the watch.

Note:
Only suitable for non-immersion life waterproofing, swimming, diving, bathing, sauna, etc. do not enjoy warranty services!

Q&A

Why the watch can't receive notifications?

Android Phone Settings:

- Confirm that the notification reminding switch of the mobile has been turned on;
 - Confirm that the message can be displayed normally in the notification bar of the phone; The watch message push is set by reading the mobile phone notification message; if there is no message in the mobile notification bar, the watch will not be able to receive the notifications.
- (Please find the notification settings of the phone, then turn on the notification switch of WeChat, QQ, phone, SMS)

Apple Phone Settings:

- Confirm that the notification reminding switch of the mobile has been turned on;
 - Confirm that the message can be displayed normally in the notification bar of the phone;
- (Please find the notification settings of the phone, then turn on the notification switch of WeChat, QQ, phone, SMS)

Products after-sales service

Supervised by H.K. Yale International Co., Ltd
Produced by Shenzhen Yale Electronics Co., Ltd
Factory Add: 4th Floor, Building 2, Yujingtai Industrial Park, Huaxing Road, Longhua District, Shenzhen, China.

Customer service hotline/ Fax:
Hotline: 400-998-3899
Cooperation mailbox: yale@awei.hk
After-sales service: service@awei.hk

For more information please visit:
www.aweistore.com



Contact:
twitter : https://www.twitter.com/aweiearphone
facebook : https://www.facebook.com/aweiproducs
instagram : http://www.instagram.com/aweiearphone

Products after-sales service

1. 7 Days Refund Policy

- Guarantee of Refund: Within 7 days since the date of purchase, the manufacturer promises to refund if the product bought from AWEI immediate store or authorized distributor shops is in quality problem (artificial and external force damage excluded).
- Refund Procedure: Please take the product, whole set of package and original invoice to (or please freight pre-paid to) the shop you bought the product for checking. The seller will check by Quality Assurance Identification Rules to clarify the problem. If yes, the seller should refund the money to the user paid for the product.

2. 15 Days Replacement Policy

- Guarantee of Replacement: Within 15 days since the date of purchase, the manufacturer promises to replace if the product bought from AWEI immediate store or authorized distributor shops is in quality problem (artificial and external force damage excluded).
- Replacement Procedure: Please take the product, whole set of package and original invoice to (or please freight pre-paid to) the shop you bought the product for checking. The seller will check by Quality Assurance Identification Rules to clarify the problem. If yes, the seller should replace the product and issue a new invoice to the user. Freight arrangements please check with the shop you contact.

3. Twelve-Month Warranty Policy

Products after-sales service

maintenance service if the product bought from AWEI immediate store or authorized distributor shops is in quality problem (artificial and external force damage excluded).

- Maintenance Procedure: Please take the product, whole set of package and original invoice to (or please freight pre-paid to) the shop you bought the product for checking. The seller will check by Quality Assurance Identification Rules to clarify the problem. If yes, the seller should fill warranty card with official stamp and send back to manufacturer. After repairing, manufacturer sends the product to the seller and the seller should inform the user to collect it. Freight arrangements please check with the shop you contact.

4. Quality Assurance Identification Rules

- Quality Assurance is NOT applicable to those items: accessories like packing box, pouch, ear clip and earmuffs; product beyond warranty period; product got from unauthorized agents or informal channels; fake AWEI product; AWEI premium; artificial damaged product; external force damaged product.
- Quality Assurance Identification Procedure: Check warranty period (by original invoice) — confirm original product (check security code on AWEI official website) — check product damage (clarity artificial damage and external force like water, fire, chemicals or weight crush damages) — check product quality (to confirm if the testing result is conform to description) —check buying channel (subject to manufacturer's verification).

AWEI Warranty Card (please fill this carefully)

Model No.		Barcode	
User Name		TEL	
Address			
Seller		Seller Tel	
Seller Add			
Date of purchase		Date for Maintenance	
Damage situation		Maintenance time	
Remark			

